

# HANOVER CHIROPRACTIC & MASSAGE THERAPY

## Patient Intake Form

An accurate health history is important to ensure the safety and effectiveness of massage treatment. All information gathered for this treatment is confidential. Written authorization will be required for release of any information.

Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_ Phone # \_\_\_\_\_

Gender \_\_\_\_\_ Email \_\_\_\_\_

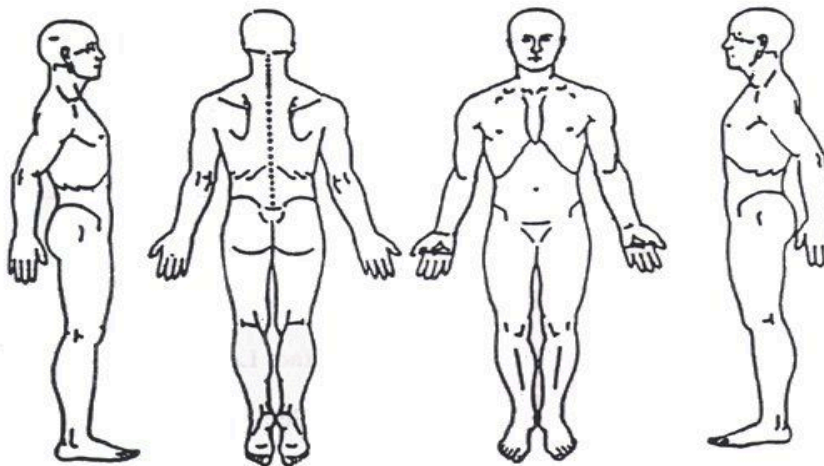
Occupation \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

### PLEASE CIRCLE ANY AREAS OF DISCOMFORT

What are this session?

- Relaxation
- Pain
- Overall
- Other



your goals for treatment

- Stress
- Injury
- Wellness

What is your complaint

PRIMARY today?

\_\_\_\_\_

When did it start? \_\_\_\_\_

How did it happen? \_\_\_\_\_

Have you had a professional massage before? No Yes Last visit: \_\_\_\_\_

Have you had an x-ray/MRI/CT scan or bloodwork recently or in regards to your primary complaint?

Yes \_\_\_\_\_ No \_\_\_\_\_

Are you currently pregnant? Yes No

How many weeks? \_\_\_\_\_ Due Date: \_\_\_\_\_

Any high risk factors? \_\_\_\_\_

\_\_\_\_\_

**Please check any CONDITIONS you currently have or had in past 5 years**

- Motor Vehicle Accident
- Cardiovascular Condition(heart disease, stroke, pacemaker, high blood pressure)
- Work or Sport Injury
- Respiratory condition (asthma, bronchitis, COPD)
- Surgery
- Neurological condition (MS, epilepsy, sensory loss)
- Date\_\_\_\_\_ Type\_\_\_\_\_  Mental Health condition (depression, anxiety)
- Medical Implants/Joint Replacements
- Skin condition (eczema, psoriasis, rash)
- Migraines/Headaches
- Bone or Joint condition (arthritis, fracture, osteoporosis)
- Diabetes
- Digestive condition (Crohns, heart burn, constipation, IBS)
- Cancer
- Smoker
- Allergies – mild or severe
- Infectious Disease (hepatitis, HIV, skin infection)
- Seizures
- Family history of: Arthritis, Cardiovascular Disease, Cancer, Stroke, Diabetes

Please list any MEDICATIONS or SUPPLEMENTS you currently use and for what condition:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

How often are you physically active per week: 0-1 1-2 2-3 3-5 5-7

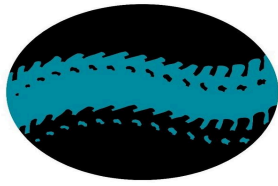
Additional risks or complications to make us aware of?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**By signing below, you agree to the following:**

*I acknowledge and understand that the massage therapist must be fully aware of my existing medical conditions. I have completed my patient intake form as provided and disclosed to the massage therapist all my medical conditions. I understand that it is my responsibility to keep the massage therapist updated on my medical history. The information provided is true and complete to the best of my knowledge. I consent to be assessed by my massage therapist, using a variety of examinations and techniques, for the conditions noted in my health history.*

Client Signature \_\_\_\_\_ Date \_\_\_\_\_



**HANOVER**  
**CHIROPRACTIC**  
**& MASSAGE THERAPY**

*Therapist Signature* \_\_\_\_\_ *Date* \_\_\_\_\_